**THE DOVE-SHELL FEDERATION**

**East Crompton St James' CE (VA) Primary School**

**St Thomas Moorside CE (VA) Primary School**

# PE POLICY

*If anyone competes as an athlete, he does not receive the victor's crown unless he competes according to the rules.*

*2 Timothy 2:5*

| Date of Policy / Reviews | Author(s) | Approved by Gov. Body | Signed | Date for review |
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| 1/9/23 | A Young | | | **September 2026** |
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## 1. Curriculum Statement

The Dove Shell Federation recognises the value of Physical Education (P.E). We fully adhere to the aims of the national curriculum for physical education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

As a federation, we aim to reach the recommendation by the Department for Education, stating that each child should be provided with 2 hours of PE per week.

PE is taught at the Dove Shell Federation as an area of learning in its own right as well as being integrated where possible into other curriculum areas. Every class throughout the Federation is taught a minimum of two PE lessons per week.

PE is taught across the federation so that our children can:

- Have fun while experiencing new and challenging activities
- Be challenged at whatever level of development they are at
- Obtain, develop and retain a variety of skills
- Develop a good attitude to Sport, making it a choice not a chore
- Build good characteristics that comes with sport, e.g. teamwork, determination, discipline
- Continuously challenge themselves and seek to improve their own personal best
- Experience competitions at a variety of levels
- Learn in a safe and fun environment
- Celebrate achievements made by all pupils whether in lessons or extra-curricular activities
- All engage in the PE curriculum irrelevant of sex, gender, race, ability or disability
- Set themselves a platform to leave the federation as physically active as possible, leading to lifelong physical activity

At the Dove Shell Federation, we aim to offer a broad PE curriculum to allow our children the opportunity to succeed and hopefully go on to lead a physically active lifestyle.

## 2. Organisation

The organisation of PE across the federation is led by a senior qualified sports coach. He is supported across the federation by another qualified coach, both working 5 days across the schools.

The Dove Shell Federation provide all children with a minimum of two PE lessons per week. These lessons may include a variety of activities such as swimming, gymnastics, dance, fundamentals, athletics or team activities.

Children across the federation take part in outdoor learning and adventurous activities as part of their Forest School. This will include activities like orienteering and teambuilding.

Swimming is provided over the Federation, with children in year four attending lessons bi weekly for the full academic year. Lessons are taught by specialist swim teachers who access the children throughout the course. If a child reaches expected National Curriculum levels before the end of the academic year then they will no longer need to go swimming

and will be replaced by a less abled swimmer. Any children finishing year four and not reaching the required standards will be expected to attend again when they are in Year 5 until they complete the course.

Many of our children access extra-curricular activities to further enhance the work that goes on in curriculum time. We ensure that all children have access to this with clubs running throughout the federation.

An example of clubs running at time of writing are, Multi Sports, Football, Dance and Dodgeball to name but a few.

These clubs are always under current review to match the needs and desires of the children.

Holiday clubs are provided for children throughout the federation. This is provided at a cost to the parents / carers. This ensures that many of our children remain active during the school holidays. Some places will be available FOC to certain children depending on the funding received and the criteria of the funding.

## 3. Planning, Teaching and Learning

At the Dove Shell Federation, lessons for all classes are planned carefully by the PE department to deliver a well-balanced and structured curriculum for all our children from EYFS to Year 6.

A Scheme of Work written by Mr Young is used when delivering the lessons. There is a yearly long term plan in place at the beginning of each academic year for each school.

The long term plans can be found on the school website.

These plans can be flexible to allow for repeated lessons to enable knowledge of skills to be ‘sticky’ and retained. The plans will also be revisited once a ‘pupil voice’ survey has been conducted.

PE lessons are taught by the PE team alongside staff members. Children participate in a number of activities during the lesson. A lesson will typically include an introduction (what the lesson objective is), a warm up, a technique practice, a skill practice, a specific game practice, a cool down and a de-brief of what has been learnt.

During the lessons children will have the opportunity to work on their own, with peers and in groups or teams. Children will be asked to show good practice to other children in the form of a demonstration as well as much of the lesson progression being student led. E.g. How could we make this game harder?

Within the lessons children will be given tasks based on their ability. The PE teacher will differentiate activities to make success possible for all participants.

All children will have the opportunity to learn new skills, practice old skills and retain all the skills they have learnt. A good understanding of the skills and rules required for each activity is essential.

## 4. EYFS

We recognise the importance of Physical development in the Early Years Foundation Stage as a key area of learning. With this in mind, children in both Reception access two PE lessons per week as a minimum. Children in Nursery at ST Thomas will have 1 hour per week of PE.

Children in EYFS have the opportunity to develop a variety of skills including, movement skills, special awareness, moving in different ways, throwing, catching and many more.

There are two strands under Physical Development; Moving and Handling and Health and Self-care.

- Moving and Handling: Children learn to develop good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space.
- Health and self-care: Children learn the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

Children in the EYFS access time and space to enjoy energetic play daily, using a variety equipment. Equipment used during their PE lessons will be made available to the unit during daily play to reinforce skills learnt.

## 5. KS1 and KS2

During Key Stage one children should build on the basic skills learnt during EYFS. During KS1 the children should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Children are taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- participate in team games, developing simple tactics for attacking and defending.
- perform dances using simple movement patterns.

During Key Stage two children should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Children are taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate (for example, badminton,
- basketball, cricket, football, hockey, netball, rounders and tennis, and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics)
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

During Key Stage two children will have access to swimming lessons.

Children are taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations

## 6. Assessment

During different Key Stages, children will be assessed in a variety of ways all in line with the National Curriculum attainment targets.

In EYFS children are assessed using the school I Pads. Visual evidence is taken as an assessment in line with the EYFS curriculum and these videos are placed on the child's learning book.

Throughout the school, data sheets developed by the PE staff are used to access each child during each specific unit of work undertaken. These sheets are the collated to show any gaps in knowledge as well as enabling future planning to be more targeted.

A report for every child is provided to class teachers to be included in the children's report when they are written.

## 7. Resources

PE equipment is stored away safely at both schools throughout the federation. The PE cupboard is only available to member of staff and no children will access the cupboard. The cupboard is monitored by the PE staff and is checked on a regular basis to maintain their organisation and tidiness. Any equipment that is broken, lost or damaged must be reported to the subject leader so replacements can be ordered.

Every half term, the PE stores and equipment are audited so that damaged equipment can be discarded of and new equipment ordered where necessary.

The Federation is in receipt of Primary Schools Sports Funding. The use of the funding is decided by the Executive Head-teacher. The 'PE and Sport Premium' is designed to help primary schools improve the quality of the PE and sport activities they offer their children. Schools receive PE and Sport Premium funding based on the number of children in Years 1 to 6. Information about the school's funding allocation and how it is spent each year is published on their respective website under 'PE and Sport Premium'. The PE and Sports Premium review is done by the subject lead on a yearly basis.

## 8. Equal Opportunities

At the Dove Shell Federation, we are committed to promoting equal opportunities irrespective of socioeconomic background, gender, disability and ethnicity in all areas of the curriculum. We believe that children should have equal access to and be able to participate in a range of physical education activities both in and out of school.

## 9. Inclusion

At the Dove Shell Federation, we are committed to ensuring that all children participate in PE and physical activity irrespective of any special educational need(s) or physical

disability they may have. We believe that children should have equal access to and participate in a range of physical education activities in order to reach their own potential.

All lessons are adapted to the needs of each individual where needed so that every child can take part, enjoy and succeed.

The Federations inclusion team inform the PE staff of any issues they should know about regarding and existing or new children within the federation.

The PE staff try to access as many external competitions as possible. These competitions are aimed at many targeted groups such as SEND and Gifted & talented. This allows all children within the federation to be considered for a variety of events.

## 10.Internal and External Competitions

Throughout their time at the Dove Shell Federation, children will have the opportunity to take part in a variety of competitions aimed at all children regardless of ability, age, sex or disability.

Internal competitions will be led by the PE staff, including the yearly federative sports challenge, school celebration of sport days and yearly football competitions. As part of the sports challenge, every single child in the federation will take part in a year group competition as well as there being SEND events and gifted and talented events.

Both schools also access external competitions throughout the year. They are both able to attend the Oldham School Sports Partnership events as well as their own individual cluster events.

St Thomas Moorside and East Crompton St James are a member of the Crompton House School Cluster and regularly take part in competitions on Tuesday afternoons. They are also a member of the Shaw Football League and the Oldham Schools Football League.

The Federation hold a philosophy that accessing and taking part in as many competitions as possible is a great way to develop our children. It is hoped that upon leaving year six, all children in the federation have taken part in some form of external competition where possible.

## 11.Role of the Subject Lead

At the time of writing, Mr Young is the subject lead over the Federation for PE. The role of the subject lead is very vast. It includes the following:

<u>Planning</u>

- Writing a scheme of work to be used when delivering lessons across both schools. This scheme is available to PE staff as well as teaching staff who want to provide their class with some extra PE.
- Producing a long term plan for PE on a yearly basis in order to provide a broad, progressive and balanced PE curriculum.

Training

- To provide support and training for in-house staff regarding new initiatives when needed.
- To train the Federation's 'Playground Leaders' from year 6, to enable them to delivered active lunchtimes.
- To inform the Head teacher of any training that school can access via external agencies such as the School Sports Partnership (SSP).

Curriculum

- Liaise with the Head teacher and the Deputy Head Teachers to produce a timetable of PE delivery on a yearly basis.
- Plan, deliver and evaluate PE lessons on a daily basis.
- Ensure that PE resources available are of good standard and quantity.
- Promote PE and Sport across the school, encouraging children's participation and celebrating both involvement and success.

Extra-Curricular

- Develop a well- balanced and accessible extra-curricular offering of clubs within the federation. These will include before and after school clubs where possible.
- Develop a Federative holiday club to be based at East Crompton St James' School but open to all children within the federation.

Organisation

- Manage and lead other members of the PE staff within the federation.
- Register both schools for competitions, accessing as many as possible.
- To organise and evaluate the delivery of PE throughout the federation.
- To organise the federative sports challenges, celebration of sport days and other competitions within the federation.
- To produce a termly PE report for the Head teacher and Governors.

Reporting and Assessment

- To develop and use 'Data Sheets' to continuously observe and assess our children in PE. The assessments will be carried out for every unit of learning.
- To use these assessments to provide accurate report grades for every child.
- To keep active records of assessments, participation in extra-curricular activities and the number of children representing the schools in competition. These numbers will be reported in the Primary School Sports Premium Report and to the governing body.
- To provide a report on school swimming attainment annually and record this along with the Sports Premium Report.

Health and Safety

- To complete risk assessments for all activities involving PE, sport and competitions.
- To make sure all sporting activities and PE lessons can take place in a safe environment using safe equipment.
- To ensure that all PE staff know the procedure for reporting injuries occurring during a PE lesson. (A PE accident book is kept in each PE cupboard).
- To ensure that PE staff have access to a usable first aid kit during all activities and when taking the children to competitions.

Budgeting

- To compete the Primary Schools Sport Premium Action plan on a Yearly basis, ensuring that school work towards the five key indicators as set out by the government. These are:

    - the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
    - the profile of PE and sport is raised across the school as a tool for whole-school improvement
    - increased confidence, knowledge and skills of all staff in teaching PE and sport
    - broader experience of a range of sports and activities offered to all pupils
    - increased participation in competitive sport

- To complete the 'Evidencing the Impact of the Primary PE and Sport Premium' document annually.
- To ensure both of these are published on the school website.

## 12.Parents / Guardians

Parents or Guardians are encouraged to inform the Dove Shell Federation if they have a certain expertise in a particular sporting area. In this instance it can be arranged for parents to be involved in the delivery of lessons, clubs or events.

Parent or Guardians are encouraged to attend celebration of sports days and promote physical activity to their children at home. They will be invited to support groups to travel to various events and competitions throughout the year. Any parent who is able to do this should make contact with the PE lead.

## 13. Health and Safety

The well-being and safety of our children and staff is the top priority when taking part in PE and sport throughout the federation. All activities are risk assessed prior to it taking place

and procedures are in place to report and act on any injuries or incidents occurring during PE and sport lessons.

PE Kit

It is essential that during PE not only is the area being used safe but the attire worn by the children and staff is safe and appropriate for the activity taking place. With this in mind we have a designated PE Kit for each school to enable the children to take part in indoor and outdoor PE. PE kits will be expected to be worn when attending external competitions unless otherwise directed by the teacher in charge.

The following table outlines the PE Kit needed for ALL children within their given school.

| **East Crompton St James'** | **St Thomas Moorside** |
|---|---|
| Pale Blue T-Shirt | White T-Shirt |
| Navy Shorts | Black Shorts |
| Black Pumps | Black Indoor Pumps |
| Plain Jogging Pants (Blue/Black) | Plain Jogging Pants (Blue/Black) |
| Plain Dark Sweatshirt or tracksuit top | Plain Dark Sweatshirt or tracksuit top |
| Trainers | Trainers |
| Hat / Gloves (At teacher discretion) | Hat / Gloves (At teacher discretion) |

Children will change into their PE kits under the supervision of the PE staff on their day of PE. Boys and Girls in Year 6 will change separately from one another.

Children are encouraged and regularly reminded to bring PE kits. If a child forgets their PE kit, then a reminder will be sent home in their school diary. From September, if a child forgets their PE kit then they will have an electronic message sent home via the school office at the end of the school day. A list of children who have forgotten their kit on a particular day will be provided to the office by the PE staff.

If children forget their kit, school will do their best to provide one for the child. We believe that all children should take part where it is safe to do so. We do encourage children to take responsibility for their kits and do their best to remember them.

Children should not wear jewellery for PE, this includes watches. Children are asked not to wear any kind of jewellery on the days when they have PE, including small studded earrings. Children with long hair will be asked to tie it up securely.

Children will be informed of the kit they require for Swimming before their class begin their block of lessons.

Staff Dress

All staff delivering or assisting with PE lessons will be expected to wear suitable clothing for the activity taking place. All staff are asked to change into their own sports clothing suitable for PE including suitable footwear. This sets a good example to the children of the federation.

Weather

PE lessons on any given day could take place indoor or outdoor. It is therefore essential for children to have both kits in school on PE days. The PE timetable is done in a way to try an enable all classes to have some access to the hall for PE during the week.

Injury and accident reporting

If a child obtains an injury during the PE lesson, then the member of staff delivering the session will assess the situation using their First Aid training.

If the child requires some time out, but no treatment is required, then they will be encouraged to sit out and join back in when the staff member and child see fit. A child will always have the final say to decide whether they are fit enough to continue, they will never be forced to take part.

If a child requires first aid treatment, upon assessing the situation the teacher will decide where the treatment needs to take place. Each school has a number of designated first aiders. One of these will be asked to come and assess the situation further when required. All treatment will be with the consent of the child. School and the PE department hold medical information on the children in the federation so they are aware of individual conditions, allergies and needs.

Any child who receives first aid treatment as a result of an incident in PE or sport will have the incident logged in the accident / incident book located in the PE cupboards. This includes any child who has sat out of a session for a while but not received any treatment.

The parents / guardian of each child will be informed if deemed appropriate. This may involve an immediate call to them, the class teacher telling their parent / guardian at the end of the day or by the child wearing a sticker and having an accident slip. For head injuries the parent / guardian will always be informed. Class teachers who are not in the PE lesson will be informed about the injury and action taken by the PE staff.

A copy of the report in the accident report book will be made available to the child's parents / guardian on request.

The safety of the children within the federation is the number one priority while taking part in PE. All staff throughout the federation are first aid trained.

## 14.Queries / Complaints

The PE staff at school welcome queries from parents. We aim to be as transparent as possible whether that is talking about an assessment grade or the picking of a certain sports team.

Any complaints regarding PE and sport within the federation should be made to the PE lead. If this does not remediate the complaint, then the Deputy Head Teacher or Executive Head Teacher can look into this. Please see the Federative complaint policy on the school's website for the complete procedure or ask for a copy from the school office.