



# The Dove-Shell Federation



## MENU 1

| MONDAY                                                                                         | TUESDAY                                                  | WEDNESDAY                                                       | THURSDAY                                                | FRIDAY                                                         |
|------------------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------|----------------------------------------------------------------|
| Pork or Veggie Sausage<br>In a Roll<br>Served With<br>Tomato Ketchup                           | Spaghetti Bolognese<br>Served with<br>Crusty<br>Bread    | Roast<br>Turkey Breast<br>Served with<br>Stuffing               | Meat & Potato<br>Served with<br>Sliced<br>Beetroot      | Cheese<br>&<br>Tomato<br>Pizza Slice                           |
| Breaded Quorn Dippers<br>Served with<br>Tomato Ketchup                                         | Cheddar Cheese<br>&<br>Tomato Quiche                     | Breaded<br>Cod<br>Fishcake                                      | Tomato Pasta Bake<br>Topped With<br>Cheese              |                                                                |
| Jacket Potato<br>Filled with<br>Cheddar<br>Cheese                                              | Jacket Potato<br>Filled with<br>Tuna & Sweetcorn         | Jacket Potato<br>Filled with<br>Baked Beans                     | Jacket Potato<br>Filled with<br>Tuna Mayo               | Honey<br>Roast Ham<br>Sandwich<br>Served With<br>Potato Crisps |
| Salad of the day<br>Coleslaw<br>Baked beans<br>Mixed Vegetables                                | Salad of the day<br>Coleslaw<br>Sweetcorn<br>Garden Peas | Salad of the day<br>Coleslaw<br>Carrot Batons<br>Broccoli Trees | Salad of the day<br>Coleslaw<br>Mushy Peas<br>Sweetcorn | Salad of the day<br>Coleslaw<br>Baked Beans                    |
| French<br>Fries                                                                                | Steamed<br>New Potatoes                                  | Roast<br>Potatoes                                               | Creamed<br>Potatoes                                     | Seasoned<br>Wedges                                             |
| Ice<br>Cream Tub                                                                               | Raspberry & White<br>Chocolate<br>Muffin                 | Iced<br>Lemon<br>Slice                                          | Oat<br>Flapjack                                         | Choc Chip<br>Shortbread                                        |
| An assortment of seasonal fresh fruit, fruit yogurts and cheese & biscuits are available daily |                                                          |                                                                 |                                                         |                                                                |



# The Dove-Shell Federation



## MENU 2

| <b>MONDAY<br/>Week 2</b>                                                                                  | <b>TUESDAY</b>                                                                                         | <b>WEDNESDAY</b>                                                          | <b>THURSDAY</b>                                                              | <b>FRIDAY</b>                                                         |
|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| <b>Crispy Chicken or Veggie<br/>Burger in Bun<br/>Served With Tomato<br/>Ketchup</b>                      | <b>Pork or Quorn Meatballs<br/>In tomato Sauce<br/>Served With<br/>Pasta Twists &amp; Crusty Bread</b> | <b>Roast Beef<br/>Served With<br/>Yorkshire<br/>Pudding</b>               | <b>Homemade<br/>Chicken &amp; Leek<br/>Pie</b>                               | <b>Cheese<br/>&amp;<br/>Tomato<br/>Pizza Slice</b>                    |
| <b>Battered<br/>Fish<br/>Goujons</b>                                                                      | <b>Golden Baked<br/>Cheddar Cheese &amp; Onion<br/>Pie</b>                                             | <b>Omega 3<br/>Fish<br/>Fingers</b>                                       | <b>Mexican Style Chili<br/>Served with<br/>Rice &amp;<br/>Tortilla Chips</b> |                                                                       |
| <b>Jacket Potato<br/>Filled with<br/>Cheddar Cheese</b>                                                   | <b>Jacket Potato<br/>Filled with<br/>Tuna &amp; Sweetcorn</b>                                          | <b>Jacket Potato<br/>Filled with<br/>Baked Beans</b>                      | <b>Jacket Potato<br/>Filled with<br/>Tuna Mayo</b>                           | <b>Tuna Mayonnaise<br/>Sandwich<br/>Served With<br/>Potato Crisps</b> |
| <b>Salad of the day<br/>Coleslaw<br/>Baked beans<br/>Mixed Vegetables</b>                                 | <b>Salad of the day<br/>Coleslaw<br/>Sweetcorn<br/>Garden Peas</b>                                     | <b>Salad of the day<br/>Coleslaw<br/>Carrot Batons<br/>Broccoli Trees</b> | <b>Salad of the day<br/>Coleslaw<br/>Garden Peas<br/>Sweetcorn</b>           | <b>Salad of the day<br/>Coleslaw<br/>Baked Beans</b>                  |
| <b>French<br/>Fries</b>                                                                                   | <b>Steamed<br/>New Potatoes</b>                                                                        | <b>Roast<br/>Potatoes</b>                                                 | <b>Creamed<br/>Potatoes</b>                                                  | <b>Seasoned<br/>Wedges</b>                                            |
| <b>Choc Ice</b>                                                                                           | <b>Blueberry<br/>Muffin</b>                                                                            | <b>Bakewell<br/>Tart</b>                                                  | <b>Fruit<br/>Jelly</b>                                                       | <b>Lemon<br/>Shortbread</b>                                           |
| <b>An assortment of seasonal fresh fruit, fruit yogurts and cheese &amp; biscuits are available daily</b> |                                                                                                        |                                                                           |                                                                              |                                                                       |



# The Dove-Shell Federation



## MENU 3

| MONDAY<br>Week 3                                                   | TUESDAY                                                            | WEDNESDAY                                                       | THURSDAY                                                 | FRIDAY                                                   |
|--------------------------------------------------------------------|--------------------------------------------------------------------|-----------------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|
| Beef or Veggie burger<br>In a bun<br>served with<br>Tomato ketchup | Chicken Tikka Masala<br>Served With<br>Steamed Rice<br>& Mini Naan | Roast Gammon<br>Ham<br>&<br>Pineapple                           | Crispy Topped<br>Cottage<br>Pie                          | Cheese<br>&<br>Tomato<br>Pizza Slice                     |
| Breaded Salmon Bites<br>Served With<br>Tomato Ketchup              | Pizza<br>Cheese<br>Whirls                                          | Golden Baked<br>Breaded<br>Fish filet                           | Pork or Veggie<br>Sausages<br>In onion<br>Gravy          |                                                          |
| Jacket Potato<br>Filled with<br>Cheddar Cheese                     | Jacket Potato<br>Filled with<br>Tuna & Sweetcorn                   | Jacket Potato<br>Filled with<br>Baked Beans                     | Jacket Potato<br>Filled with<br>Tuna Mayo                | Roast Turkey<br>Sandwich<br>Served With<br>Potato Crisps |
| Salad of the day<br>Coleslaw<br>Baked beans<br>Mixed Vegetables    | Salad of the day<br>Coleslaw<br>Sweetcorn<br>Garden Peas           | Salad of the day<br>Coleslaw<br>Carrot Batons<br>Broccoli Trees | Salad of the day<br>Coleslaw<br>Garden Peas<br>Sweetcorn | Salad of the day<br>Coleslaw<br>Baked Beans              |
| French<br>Fries                                                    | Steamed<br>New Potatoes                                            | Roast<br>Potatoes                                               | Creamed<br>Potatoes                                      | Seasoned<br>Wedges                                       |
| Strawberry Ice<br>Cream Roll                                       | Banana & Cinnamon<br>Muffins                                       | Iced<br>Chocolate<br>Slice                                      | Anzac<br>Biscuit                                         | Choc chip<br>Shortbread                                  |

An assortment of seasonal fresh fruit & fruit yogurts and cheese & biscuits are available daily